

## **Rita's Fruit Cake**

In pot place: *250 gms butter*  
*1 c brown sugar*  
*½ tin crushed pineapple (400gm tin)*  
*400/500 gms mixed fruit*  
*1 t mixed spice*

Bring to boil and boil approx 1 minute (I simmer quietly for several minutes).

Cool and then add:

*½ t baking soda*  
*2 or 3 eggs*  
*2 c plain or wholemeal flour*  
*2 t baking powder*

Don't over mix and bake at 180 degrees for 1 hour (not on fan bake).

I put chopped almonds or walnuts on top.

If no pineapple on hand I've used mangoes or whatever is in cupboard.

I always use wholemeal flour.

I place 2 paper towels on bottom of baking tin and then the baking paper and if browning too much I cover with a folded brown paper bag for last 15 minutes (this only for visitors as I usually forget until I smell it!!)

Marita