

Walnut, Prune and Apricot Slice

½ c sugar

1 C prunes cut up

1 C flour

1 C dried apricots cut up

1 c fine coconut

1 c mixture walnuts, shredded coconut, & pumpkin seeds

1 t baking powder

1 tin condensed milk

100 g butter melted

Pre-heat oven to 180°C (fan bake 150°C). Line a sponge roll tin with baking paper. Combine first five ingredients in a bowl and press into tin. Bake 10 minutes. Remove from the oven and top with fruit and nuts in a single layer. Drizzle over condensed milk to evenly coat fruit and bake a further 20 minutes until golden. Remove from oven and cool in tin. Cut into squares when cold.